



Dr. Matt Allen Presentation Post-Webinar Test Questions

1. Health behaviors account for what percentage of a person's overall health?
 - a. 10%
 - b. 30%
 - c. 75%
 - d. 90%
2. Information leads to increased knowledge, but increased knowledge does not necessarily lead to _____.
 - a. Engagement and participation
 - b. Enthusiasm
 - c. Compliance
 - d. Belief in the knowledge
3. In the "Offer" section of the Explore-Offer-Explore framework, we offer a patient _____.
 - a. Advice
 - b. Information
 - c. Encouragement
 - d. How we can relate to their situation
4. What promotes engagement?
 - a. Being lectured on what the patient already knows
 - b. Sharing information in a way that allows the patient to have a voice (like via Explore-Offer-Explore framework)
 - c. Closed ended caries risk questionnaire
 - d. Recommend changes patient can make
5. What kind of questions help turn a lecture into a conversation?
 - a. Close-ended questions
 - b. Leading questions
 - c. Personal questions
 - d. Open-ended questions
6. Many of the answers on any caries risk assessment form can be obtained by asking _____ open-ended questions?
 - a. Less than 5
 - b. 5-10
 - c. 15
 - d. 20-30
7. Helping patients choose their own goals leads to a _____ level of achievement of those goals.
 - a. Lower
 - b. Equal
 - c. Higher
 - d. Guaranteed



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- 8. SMG stands for _____.
 - a. Set management goal
 - b. Self management goal
 - c. Set my goal
 - d. Self minimal gains
- 9. Generally, patients can have success if they are changing _____ behaviors at a time?
 - a. 1-2
 - b. 4
 - c. 5-10
 - d. As many as would make them healthy
- 10. Patient-centered care and communication improves _____
 - a. Outcomes
 - b. Patient satisfaction
 - c. Efficiency and productivity
 - d. All of the above

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Please email your completed test to customerservice@elevateoralcare.com for grading and recording.

An AGD PACE Completion Certificate, or corrections to the answers are needed to obtain a passing score of 80%, will be emailed to your address above within three weeks for one continuing education hour. Please call us at 877-866-9113 for any questions.