

Post-Webinar Test Questions:

Neo Positivity– Developing Strategies for Addressing Mental Health in Dentistry

- 1. When creating a safe and supportive work environment to help prevent depression, the following can be helpful:
 - a. Positive morning huddles for team building and to boost morale
 - b. Accountability partners
 - c. Strive to be the top office as far as mental awareness and depression/suicide prevention
 - d. Take pride in your attempt as if you are succeeding
 - e. All of the above
- 2. If you feel someone is having suicidal ideation, don't be afraid to speak openly and ask direct questions when checking in on them.
 - a. True
 - b. False
- 3. It is important to understand different safety protocols that should be put into place in a dental setting to manage a suicidal ideation crisis.
 - a. True
 - b. False
- 4. Resources for mental health support include:
 - a. **Dial 988** Suicide & Crisis Lifeline 24/7, free, and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States
 - b. Text HOME to 741741 to connect with a live Crisis Counselor
 - c. Both a and b

Name:	Degre	ee: Da	ate:
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Please email your completed test to info@elevateoralcare.com for grading and recording.

An AGD Pace Completion Certificate, or corrections to the answers, are needed to obtain a passing score of 80%. This certificate will be emailed to your address above within three weeks for continuing education credit. Please call us at 877-866-9113 for any questions.

Ask The Experts